November 2018 Newsletter

Vaction care

Join us for more awesome school holiday fun!

If you are looking for something fun for your children to do upcoming school holidays. Oshclub vacation care programs are just the ticket.

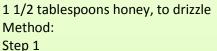
Oshclub vacation care provides children with exciting excursions, incursions or a day filed with an interesting program of fun things to do. The nearest vacation cares are:

Inglewood Primary School Hillcrest primary school Sutherland primary school Double view primary view For more details please contact us on 1300395735 / 0432020719

Choc-banana quinoa pudding pots

Ingredients

- 1 ½ cups white Quinoa, rinsed and drained
- 3 cups unsweetened low fat coconut milk
- 2 1/2 tablespoons cocoa powder
- 1/3 cup caster sugar
- 3 small bananas, sliced





Place quinoa, coconut milk, cocoa and sugar in a medium saucepan over medium heat. Bring to a simmer. Reduce heat to low. Simmer, uncovered, for 15 minutes or until quinoa is tender and milk mixture has absorbed. Remove from heat. Set aside to cool.

Step 2

Spoon quinoa mixture among 6 x 1/2-cup-capacity airtight containers. Refrigerate until required. Top with banana and drizzle with honey.

Interactions with children policy and procedure 1.1

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Our main focus is children's health, safety and wellbeing. Children are treated with respect, dignity and are valued as unique, capable and competent individuals at all times.

Working collaboratively with children and viewing children as active participants and decisions makers encourages mutual respect, trust and communication. Through positive interactions, educators value children's strengths, skills and knowledge can support their wellbeing motivation and engagement at the service

