



# Infant Jesus School

A LEADing Learning School

## Healthy Canteen

### Aim

To support the focus on Health and Wellbeing food and drinks supplied to students must follow the 'Guidelines for Healthy Food and Drinks Supplied in School Canteens', as published by the Australian Government Department of Health.

Sources of Authority	
CECWA Policy	CECWA Community Policy
Executive Directive	Student Safety, Wellbeing and Behaviour Executive Directive

### Scope

The Healthy canteen requirements apply to all students and all staff members at Infant Jesus School when providing food and drinks during school events.

### Procedure

The Infant Jesus School Canteen uses the green, orange, red food and drink selection and distribution guide (Australian Government – Department of Health).

The Green, Amber and Red Guide is implemented to;

- Encourage and promote green food and drinks which are always on the canteen menu (pg. 8 National Healthy School Canteens - Guidelines for healthy food and drinks supplied in school canteens 2014).
- Not let amber food and drinks take over the menu. These items are carefully selected and serving sizes are small (National Healthy School Canteens - Guidelines for healthy food and drinks supplied in school canteens 2014 p.9).
- Exclude red food and drinks (National Healthy School Canteens - Guidelines for healthy food and drinks supplied in school canteens 2014 p.10).
- All canteen products are carefully selected using the Green, Amber and Red Guide and any new item must be assessed to ensure that the criteria is met. If needed, products may be assessed using the nutrient criteria which includes energy, saturated fat, sodium and fibre.
- Canteen staff need to be informed of allergies and food intolerances of any students and staff to ensure that their safety needs are accommodated.

Authorised by	Clare Moffat	Signature:	
	Infant Jesus School Principal	Date:	8 December 2021
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